



## Safe use of Masks

### THE MASK YOU NEED

#### DO: REMEMBER TO WEAR THE CORRECT MASK FOR THE TASK:

Wear Surgical mask: for droplet precautions, or when providing care within 2 meters of any patient, or when working within 2 meters of another healthcare worker for more than 15 minutes.



Only wear FFP2 (Fit Checked) or FFP3 mask (Fit Tested) for aerosol generating procedures.



### WEARING THE MASK

DO: Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin.



DO: Press the metal band so that it conforms to the bridge of your nose.



DO: Tighten the loops or ties so it's snug around your face, without gaps. If there are strings, tie them high on top of the head to get a good fit.



- DO NOT:** Wear the mask below your nose.
- DO NOT:** Leave your chin exposed.
- DO NOT:** Wear your mask loosely with gaps on the sides.
- DO NOT:** Wear your mask so it covers just the tip of your nose.
- DO NOT:** Push your mask under your chin to rest on your neck.



#### ONCE YOU HAVE ADJUSTED YOUR MASK TO THE CORRECT POSITION, FOLLOW THESE TIPS TO STAY SAFE:

- ALWAYS change your mask when you answer the telephone or you take a drink/break.
- ALWAYS change mask when leaving a cohort area or exiting a single patient isolation room.
- NEVER fidget with your mask when it's on.
- NEVER store your mask in your pocket.
- ALWAYS wash your hands before and after handling a mask.
- ALWAYS change mask if it is dirty, wet or damaged.

### REMOVING THE MASK

Use the ties or ear loops to take the mask off.

Do not touch the front of the mask when you take it off.



### DISPOSING OF THE MASK

Dispose of mask in a healthcare risk waste bin.

IF HEALTHCARE RISK WASTE SERVICE IS NOT AVAILABLE:

The mask, along with any other PPE used, needs to be double-bagged and stored for 72hrs in a secure location, then put in the domestic waste.



The SIVUH recognises that not being able to visit your family member at this time is difficult. Therefore, should you wish to forward an email/attached letter to a relative who is presently a patient of the hospital, we will print off a copy of same, place in a sealed envelope and deliver to the relevant patient via our internal postal system. Please ensure you include the patients full name and ward (if known) to email address [Cronin.valerie@sivuh.ie](mailto:Cronin.valerie@sivuh.ie) Please note this service will operate office hours Monday-Friday.

There are also iPad/Tablets readily available for you to use on the ward for family video calls via skype, zoom or What's App. Please ask a member of the ward staff if you require the use of an iPad or a Tablet.

**Note: the email above can only be used to provide the service of mail delivery. Please follow the instructions on the leaflet to book a visit.**

The SIVUH reserves the right to withdraw future Visits for non-compliance with Visiting Procedures



South Infirmiry Victoria University Hospital

Old Blackrock Road,  
Cork  
T12 X23H

Tel: 353214926100  
website: <https://www.sivuh.ie>

## Hospital Visiting during Covid-19 Pandemic

South Infirmiry Victoria University Hospital



Promoting the Safety of Patients, Visitors & Staff & reducing the risk of Covid-19

To reduce the risk of spread of Covid-19, the Hospital has developed new practices for Visiting. All hospital visiting will need to be booked (on line )in advance. The booking process is explained as you go through each step commencing with the initial email.

## What do the current visiting practices mean for me– the patient?

All visits have to be booked online in advance. The total number of Visitors to the Hospital at one time is currently restricted. The current Visiting practice will remain in place as a response to Covid 19 pandemic & will be reviewed as required. To Check our website for current visiting procedures go to [www.sivuh.ie](http://www.sivuh.ie).

If you are an inpatient you can have a minimum of 4 visits per week. A text message will be sent to your mobile phone number with a link and a code to book a visit. When you receive this message **you can forward it from your phone** to trusted family member or friend so that they can book a visit. This text message can be passed on by your nominated contact to trusted family members and friends to book their visits.

To facilitate visitors booking, your name, your location in the hospital and your hospital medical record number will be stored on the visitor booking system for the duration of your stay in hospital and for 14 days after you are discharged.

You will be able to have only one visitor at a time. The length of time for each visit will be limited and must be strictly adhered to.

All Visitors must comply with the Visiting Policy. Failure to comply may result in the cancellation of Visits.

## What do the current visiting practice mean for my visitor?

1.To book a visit the Visitor will go to [follow the link on the text message](#)

2. The Visitor will be asked for the Visitor Access Number or code which is contained in the text message forwarded. When the code on the text is entered a visit can be booked from the visiting time slots available.

3.Once a visit is booked a Visitor Booking Health Questionnaire will be sent to the visitor on the morning of the visit.

4. Once the health questionnaire has been completed and no risks of Coronavirus are identified a bar code will be sent to the visitor 's phone.

**5.This barcode must be presented at reception to gain entry to the hospital,** it can be printed or presented on a mobile device.

**6. Each new visit is booked separately,** a new barcode and newly completed health questionnaire is required every visit.

7.In the event that the Visitor cannot attend, the Visitor should cancel the booking to allow someone else to book a visit . The new booking will generate a new barcode.

### **Purpose of the changes to Visiting Policy**

Due to the ongoing risk of COVID -19 the hospital visiting hours are restricted to protect the health and safety of Patients, Visitors and Staff. Each Visit must be booked in advance to limit the number of Visitors to the Hospital. In the event of a Covid-19 positive case occurs, it will allow contact tracing to be carried out more quickly.

## What Can I—the Visitor do to Protect Myself, Patients, Other Visitors and Healthcare Workers?

### **Do not visit if the following applies to you;**

- (i) if you have any symptoms of COVID 19
- (ii) if you have had contact with any person, who is suspected of **or** confirmed as having COVID-19 within the last two weeks
- (iii) if you have been advised by Public health to restrict your movements.

- If a COVID 19 positive case occurs close contacts will be identified by the bar code that is generated for the visitor, therefore it is very important that the barcode is not used by someone other than the named visitor on the System.
- Continue to follow Public Health guidance around social distancing and use of face coverings and practice good Hand Hygiene etiquette.
- A mask must be worn at all times when visiting the hospital

South Infirmary Victoria University Hospital

Old Blackrock Road,  
Cork  
T12 X23H

Tel: 353 214926100  
website: <https://www.sivuh.ie>