

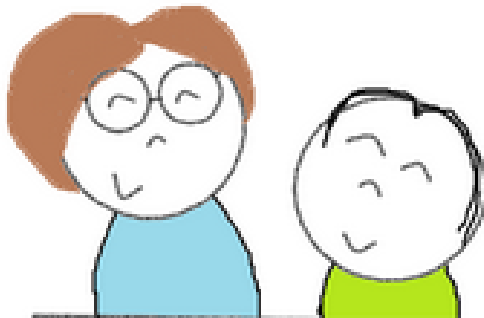


My Name is:

Rosemarie

I like to be called:

Rosie



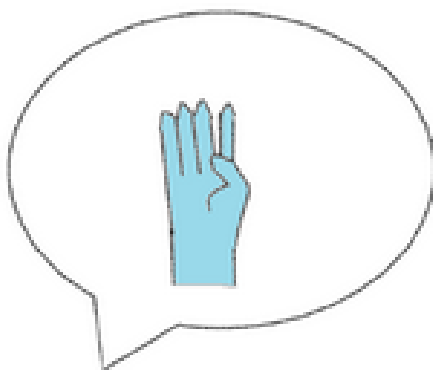
My Parent/Guardian

Name:

Ed (Dad)

Telephone Number:

0861234567



I communicate by

Talking

**How best to communicate
with me**

Speak slowly and give
me lots of time to
answer



Things I like (what makes me happy, things I like to do, see or talk about)

I love to play Camogie. I also love my teddy Mary.

I like to talk about my dog Rolo.



Things I do not like (what upsets me, things I do not like to do, see or talk about)

I do not like needles or seeing too many strangers.



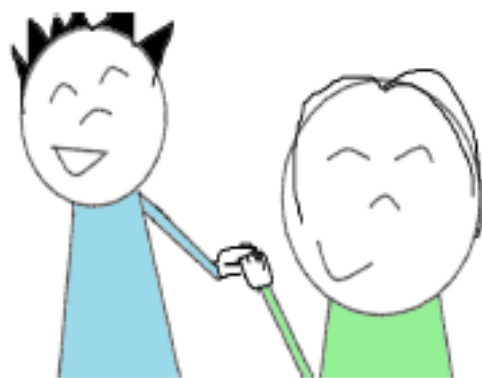
What I do if I am afraid or worried

Talk to me about my dog Rolo and give me time to relax.

How you can support me if

I am afraid or worried

Give me time to relax and make sure I have my teddy Mary with me.





Things I do if I am sore or in pain

When I am sore I say I have a "headache". I might cry and I might be a bit grumpy.



How best to gain my help when examining or caring for me

Distract me by talking to me about something I like.

Show me what you are going to do on my teddy.



Foods I like

I like carrots and chicken

I also love toast for breakfast

I like ice cream for a treat.

Foods I do not like



I do not like mushrooms.

I do not like for my food to touch.

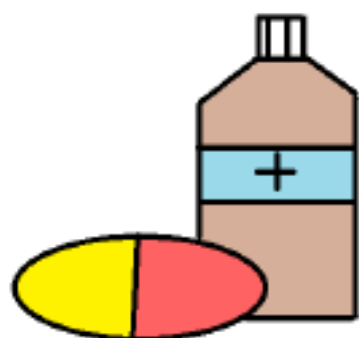


Help I need with eating
I need help with cutting

up my food.

I need a cup with a lid so

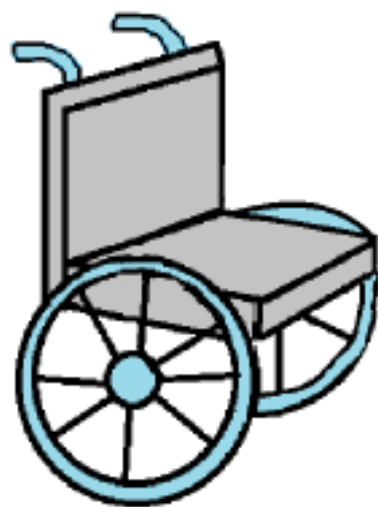
I don't spill any.



How I like to take medicine

e.g. liquid/in food

I do not like tablets. I will
take medicine if it is liquid.



Help I need with moving

I do not need any help with
moving.



Items that make me feel calm (teddy, tablet, toy).

My teddy Mary.

I like colouring too.

Anything else you should know about me (anything else we can do to make your hospital visit easier for you)

I was a bit scared on my last visit in hospital. Please give me time to think when I am talking to you and make sure staff have seen my passport before caring for me.

Please bring this passport to hospital with you.

If you have something that helps you feel calm like a teddy or a toy/sensory item, please bring this to theatre with you.

Carers/Parents/Guardians:

Has your child had a previous hospital visit?

(Circle Answer)

Yes

No

If yes, please outline in detail what helped in reducing your child's anxiety or what you think would have helped

Yes, Rosie visited hospital for an operation last year.

Rosie was very nervous coming in to hospital but the

staff did a great job of making her feel comfortable.

Rosie was able to bring her teddy Mary down to theatre

which made her feel much better. The anaesthesiologist

talked to Mary about her Camogie training and her dog

which distracted her. If staff read this passport this will

help Rosie because they will know how to make her feel

comfortable. The last visit, Rosie got a fright as there

were a lot of staff in theatre when she walked in. If

this could be avoided she will not be as scared this time.

Completed by: Ed

Relationship to Health Passport Owner: Father

Date: 1st August 2021