



OPD/Radiology

South Infirmary Victoria University Hospital
Old Blackrock Road
Cork
021 4926100 BLEEP 796

Post - Joint Injection Guidelines

We hope your care today met with your expectations. These are some instructions to help your recovery:

- Rest today, tomorrow you may resume your normal activities.
- The procedure you had today may result in you experiencing more pain for the next 24 to 48 hours. You may take your usual pain medication so that you are as comfortable as possible during this period.
- Risk: Swelling, redness, temperature or excessive pain.
- Remove the dressing this evening. You may shower and bathe then.
- A discharge summary will be sent to your referring Doctor informing them of your care and treatment.
- Follow up will be discussed with you before leaving the department.
- If you have any complications please contact the above number 8-5pm Monday to Friday.
 - Outside these hours please attend Emergency Department Cork University Hospital CUH for review by the orthopaedic team on call
 - Outside these hours **Dr L Harty's patients** please attend Emergency Department, Mercy University Hospital